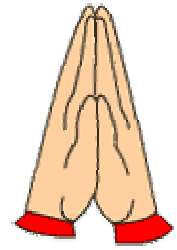


# Children's Prayers



## ACT OF FAITH

My God I believe in you  
and all that your Church  
teaches, because you have  
said it, and your word is true.

## ACT OF HOPE

My God, I hope in you,  
for grace and for glory,  
because of your promises,  
your mercy and your power.

## ETERNAL REST

Eternal rest grant unto them, O Lord,  
And let perpetual light shine upon them.  
May they rest in peace. Amen.

## ACT OF CHARITY

My God, because you are  
so good, I love you with all  
my heart, and for your sake,  
I love my neighbour as myself

## AN ACT OF CONTRITION

O my God, because you are so good,  
I am very sorry that I have sinned  
against you and by the help of your grace  
I will not sin again.  
Amen

## MORNING PRAYERS

Nursery & Reception Dearest Lord,  
throughout today guide my words and work and play.  
Bless my friends and family too  
and keep me safe in all I do.  
Amen

Year 1 Father in heaven, you love me,  
you are with me night and day.  
I want to love you always,  
in all I do and say.  
I'll try to please you, Father,  
bless me through the day.  
Amen

Years 2 to 6 Father in heaven,  
I give you today,  
all that I think  
and do and say.  
And I unite it with all  
that was done,  
by Jesus Christ,  
Our Lord and your dear Son.  
Amen

## SNACK PRAYER      Nursery & Reception

We close our eyes and softly say  
thank you God for our snack today  
Amen

## GRACE BEFORE MEALS

Nursery & Reception  
We close our eyes and softly say  
thank you God for our food today  
Amen

Years 1 to 6  
Bless us, O God, as we sit together.  
Bless the food we eat today.  
Bless the hands that made the food.  
Bless us, O God.  
Amen

### GRACE AFTER MEALS

Thank you, *God*, for the food we have eaten.  
Thank you, *God*, for all our friends.  
Thank you, *God*, for everything,  
Thank you, *God*.  
Amen

### EVENING PRAYER

#### Nursery & Reception

Lord, keep me safe this night,  
safe from all my fears.  
May angels guard me whilst I sleep  
till morning light appears  
Amen

#### Years 1 to 6

God our father, I come to say  
Thank you for your love today.  
Thank you for my family  
and all the friends you give to me.  
Guard me in the dark of night  
and in the morning send your light.  
Amen

### PRAYER TO THE HOLY SPIRIT

Come, Holy Spirit, fill the hearts of the faithful,  
and kindle in them the fire of your love.  
Send forth your Spirit, and they shall be created,  
and you will renew the face of the earth.  
O God who has taught the hearts of the faithful  
by the light of the Holy Spirit,  
grant that by the gift of the same Spirit,  
we may be always truly wise  
and ever rejoice in his consolation.  
Through Christ our Lord.  
Amen

### HAIL HOLY QUEEN

Hail, holy Queen, mother of mercy;  
hail, our life, our sweetness and our hope!  
To you do we cry, poor banished children of Eve;  
To you do we send up our sighs mourning and weeping  
in this vale of tears.  
Turn then, most gracious advocate, your eyes of mercy  
towards us; and after this our exile, show to us the  
blessed fruit of your womb, Jesus.  
O clement, O loving, O sweet Virgin Mary.  
Pray for us, o holy Mother of God.  
That we may be made worthy of the promises of Christ.

### THE ANGELUS

- |     |   |      |  |
|-----|---|------|--|
| i.  | The Angel of the Lord declared unto Mary:<br>and she conceived by the Holy Spirit.<br>Hail Mary full of grace ----- | iii. | And the Word was made flesh:<br>and dwelt amongst us.<br>Hail Mary full of grace -----         |
| ii. | Behold the handmaid of the Lord:<br>be it done unto me according to thy word.<br>Hail Mary full of grace -----      |      | Pray for us, O holy Mother of God.<br>That we may be made worthy of the promises<br>of Christ. |

### LET US PRAY:

Pour forth we beseech thee, O Lord, thy grace into our hearts that we, to whom the Incarnation of Christ, Thy Son, was made known by the message of an angel, may, by His Passion and Cross, be brought to the glory of His Resurrection, through the same Christ our Lord. Amen.

### PRAYER TO MY GUARDIAN ANGEL

Angel of God, my guardian dear,  
to whom God's love commits me here,  
ever this day be at my side,  
to light, to guard, to rule and guide.  
Amen